

## Rupinala Pass Trek

Duration: 14 Days



### Overview

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| <b>Trip Grade: Strenuous</b>                                     | <b>Max Altitude: 3,900m.</b>                                      |
| <b>Activity: Trekking</b>  | <b>Group Size: Min 02 Pax</b>                                     |
| <b>Arrival On: Kathmandu, Nepal</b>                              | <b>Departure From: Kathmandu, Nepal</b>                           |
| <b>Meals: All meals during trek &amp; breakfast in kathmandu</b> | <b>Accommodation: Stone Built Houses (tea houses) during trek</b> |

Come join our **Rupinala Pass Trek** which is a newly opened trek that goes through some of the loveliest trek routes. Mostly favourable for people with less time to explore Nepal and visit its less travelled trek destinations like Rupinala. Nature and cultural both are uniquely presented to trekkers while they make an attempt to explore this magnificent region. Our 14 days Rupinala Pass trek begins as you land at the Tribhuvan International Airport (TIA) at Kathmandu. At first, you are to have an enriching sightseeing tour around Kathmandu valley which will take you to Boudhanath, Swoyambhunath, Pashupatinath and historical Kathmandu Durbar Square. Afterwards, our trek commences with a drive towards Trishuli Bazar where we shall remain for the overnight. This place has a very huge historical significance for indigenous people living here. From this place onward, we shall march deeper inside the spectacular Manaslu region. Trekkers can observe many scenic villages en-route among which Bumdang village, Satyadevi village, Jharlang and Khading village are the places where we are to stay overnight. Next day, we shall cross Sing-la Pass (2640m) and the grandiose Rupinala Pass (3900m) which can be a very memorable moment for trekkers passing through these passes. We reach Lapubesi village and then continue heading towards Takukot village via Singla and Barpak villages. We are now going to visit the ancient historical place of Gorkha which is largely popular for being the hometown of Late King Prithvi Narayan Shah who had successfully united Nepal. Lastly, after that, we will take a 5-hour long drive back to Kathmandu city. During our ordeal, trekkers can see Mt. Manaslu (8163m) and Himal Chuli (7893m) along with other Himalayan mountains which can be a very rewarding moment for the trekkers. Early March to end of May and early September to end of November is widely considered to be the most pleasurable time to do this particular trek. Contact, **Himalayan Holyland Treks & Expedition** now to make your visit to some of the most historically ancient towns of Nepal.

## Itinerary

### Day 01: Arrive at Tribhuvan International Airport (TIA) Kathmandu(1350m)

You are welcomed by our team staff members and then transferred to the booked hotel. After a refreshment break, our representative will briefly explain the program. Overnight at hotel at B/B basis program.

### Day 02: Kathmandu Valley full day Sightseeing

This is a day for sightseeing world heritage sites in the Kathmandu Valley including, Kathmandu Darbar Square, Swoyambhunath Temple and Patan Durbar Square. Overnight at the hotel at same program.B/B

### Day 03: Drive from Kathmandu and stay overnight in - Trishuli Bazar(560m)

Drive from Kathmandu to Trishuli Bazar and stay overnight in Trishuli Bazar-about 4 hrs drive, a Historical and very old town 560 m.

### Day 04: Trisuli Bazaar to Bumdang 1680m. Walk about 5 hrs.

### Day 05 : Bumdang to Satyadevi 1850m. Walk about 5 hrs.

### Day 06: Satyadevi to Jharlang 2030m. Walk about 5.5 hrs.

### Day 07: Jharlang to Khading 2600m. Walk about 5 hrs.

### Day 08: Labu Bensi Sing-la 2640m.

Labu Bensi Sing-la 2640m cross Rupinala pass 3900m. This day is the most difficult day on this trip because we do the highest pass on this day.

### Day 09: Singla to Barpak 1800m.

It is a very beautiful Gurung ethnic village. Most of the houses are wooden roof-seems really typical.

### Day 10: Barpak to Taku Kot 1250m.

### Day 11: Taku Kot to Gorkha hill palace/Gorkha bazaar 12600m.

### Day 12: Gorkha Kathmandu 5/6 hrs drive with standard mini micro coach.

### Day 13: Free day and farewell dinner at the evening

This day you will have free time to do something yourself and in the evening there will be a Nepali traditional farewell dinner sharing the experiences about the trekking.

### Day 14: Final departure Day



# Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

[www.himalayanholylandtreks.com](http://www.himalayanholylandtreks.com)

Final departure Day to your destination &#8211; our staff drop you at the airport on time.



## Cost Includes

- => Transfer to and from the international airport (Airport-Hotel-Airport).
- => Accommodation in Kathmandu with a B/B basis.
- => The salary for the guide and other staffs.
- => Food and accommodation during the trek for guide and porters.
- => All necessary domestic transportation as per mentioned in the itinerary.
- => Insurance for all trekking staff such as Guides, porters and cooks during your whole trek.
- => All-inclusive trekking activities with standard accommodation, breakfast, lunch and dinners during in the trekking period for you.
- => A professional guide for touring in Kathmandu valley.
- => All special trekking permits for restriction zones such as Manaslu, or Lower/upper Dolpo and Mustang.
- => Provide experienced and license holder trekking guides, Sherpas, trail helper, cook and kitchen boys.  
(Posted guide will be well spoken of English and French etc.)
- => All the local and government taxes.
- => Trekking map.
- => T-shirt from the company.
- => Trip completion certificate.
- => Farewell dinner in Kathmandu.

## Cost Excludes

- => Lunch and dinner during your stay inside Kathmandu city before or after trekking.
- => International airport tax at the international airport in Kathmandu.
- => Personal expenses/insurance.
- => Nepal entry visa.
- => Helicopter rescue flight in case of an emergency during your trekking period. Political evacuations, land Slides etc.
- => Tips for guide and porters.