

## Yala Peak Climbing

Duration: 15 Days



### Overview

<b>Trip Grade: Moderate</b>	<b>Max Altitude: 5,220m</b>
<b>Activity: Peak Climbing</b>	<b>Group Size: 02-12 People</b>
<b>Arrival On: Kathmandu, Nepal</b>	<b>Departure From: Kathmandu, Nepal</b>
<b>Meals: All meals during trek &amp; breakfast in kathmandu</b>	<b>Accommodation: Stone Built Houses (tea houses) during trek</b>

Located close to the lively capital city is the gorgeously festooned trekking region called Langtang region. In this magnificent region lies the stunning Yala Peak which at the height of 5,520 meters above sea level is truly a glorified Himalayan peak which attracts hundreds and thousands of climbers/trekkers. Moving through the scenic mountain valleys our trek trail lets trekker venture into the remote landscapes of northern areas of Nepal. Our 15 day **Yala Peak Climbing** trip begins with a lovely drive to Syabrubensi which can take up to 7-8 hours to reach. Nevertheless, our remarkable trekking experience in Nepal continues onward to Lama Hotel. Decorated with several indigenous villages and densely forested trek trails, trekkers move higher and higher to Kyanjin Gomba which is also the base point of Yala Peak. But before that we have to go past through [Langtang village](#) which is also one of the most beautiful village consisting several tea houses. We arrive at Kyanjin Gomba on the sixth day and remain there for acclimatization purposes before launching ourselves towards the Yala Peak. Being positioned below Langtang Lirung (7,246 m), Kyanjin Gomba is the perfect place to help our body acclimatize to the high-altitude surroundings. Continuing on, with a joyous feeling, we march towards Yala Peak base camp and then climb up to the summit of Yala Peak the next day. Upon reaching the top of Yala Peak, climbers can rejoice and celebrate their accomplishment by taking a look at the incredible mountain scenery including the Langtang Himalayan ranges. Now we shall take some final moment pictures of our climb and then start descending down to the base camp of Yala Peak. From this point onward, we are to retrace our steps back to Syabrubensi via the same trek route. And end our trek with a drive to the Kathmandu city where we can take off our shoes and officially mark the ending phase of our trek. Any person with zero previous peak climbing experience can be a part of this Peak Climbing trip package as they just require a proper physical and mental health condition which can cope with the high-altitude environments. Accompanied by our expert trekking professionals, you can experience this mind-boggling trek for a climb to the summit of Yala Peak just by contacting us. So, feel free to get in touch with us and become a part of this amazing journey today.

## Itinerary

### Day 01 : Kathmandu Arrival Day

Beautiful, historic city **Kathmandu** is your first taste of Nepal ! We'll be waiting at the airport to greet you with a warm welcome and transfer you to your hotel in the city. The next two weeks are going to be some of the most memorable of your life; rest up!

### Day 02 : Planning and preparation Day

You'll have the chance today to meet others in your expedition party as well as your tour leader! Your first meeting together will consist of an initial meeting and discussion of last-minute preparations. This is the time to pick up anything that may have escaped your home packing list ; trekking and mountaineering supplies are readily available in the city. Today is also your chance to do a small bit of independent exploration of the Nepalese capital. Stretch your legs and simply soak up the happy, peaceful vibe all around you.

### Day 3: Kathmandu to Syabru Bensi

We hit the road today with a lengthy but scenic drive from Kathmandu to Syabru Bensi, where our trek originates. Our road follows the Trishuli River Valley through pretty Dhunche Village, Trishuli Bazaar, and Betrawati. White and green are the predominate colors of this trip: distant snow-capped mountains in the background, and verdant hillocks and valleys up close! Upon arrival at Syabru Bensi, we'll check into our teahouse lodging. Trekking begins bright and early tomorrow, so rest is essential !

### Day 4 : Syabru Bensi to Lama Hotel

Today is our first official day of trekking. After breakfast, we depart from Sybru Bensi, following the Bhote Koshi River, which originates in Tibet, and the Langtang Khola. The trail wends its way up past Bamboo Village, which is famous for its resident red pandas. Keep your eyes peeled! We'll arrive at the popular trekking stop over of Lama Hotel and check into another cozy teahouse for the night.

### Day 5 : Lama Hotel to Langtang Village

Another day of vigorous walking is ahead of us as we start seriously ascending up the mountain. The hearty exercise comes with the attendant reward of fantastic scenery as we wend our way through forests of pink and white rhododendron, hemlock, and oak high above the Langtang Khola. We'll pass Ghodabela as our halfway point, and end up in Langtang Village, the heart of Langtang National Park. The village is rife with flat-topped Tibetan-style lodgings, crop fields, and yak grazing grounds.

### Day 6: Langtang Village to kyanjin Gompa

A large Mani wall greets us on the initial leg of our trek today, with the small village of Mundu as our first significant landmark. We'll be treated to the sight of ice flow trickling down multiple mountain peaks as we encounter panoramic Himalayan views. The air is definitely thinner at this altitude, and we'll be sure to arrive at Kyanjin Gompa nice and early to begin our acclimatization process.

### Day 7: Kyanjin Gompa Acclimatization Day

Today's a day of rest and acclimatization, so we linger in Kyanjin Gompa and adjust to the altitude. The monastery for which

the village is named is well-worth a visit, as is the renowned cheese factory. For those willing to stretch their legs, a short hike to Kyanjin Ri (behind the village) affords breathtaking panoramas of the Langtang peaks.

### Day 8: Kyanjin Gompa to Yala Peak Base Camp

It's a seven hour hike to the base camp of Yala Peak today, and then we'll go over some climbing basics in advance of tomorrow's summit.

### Day 9: Yala Peak Base Camp, Summit Day!

We'll start very early today, our long-awaited adventure day, to make the summit push for the top of Yala Peak! It's a six hour round trip, with plenty of time at the top to take pictures of the soul-stirring Himalayan panoramas. After, we'll return back to base camp for the night before starting our descent.

### Day 10: Yala Peak Base Camp to Kyanjin Gompa

Our descent starts today, as we double back from the Yala Peak base camp to Kyanjin Gompa. You'll be surprised how the mountain looks different from this perspective.

### Day 11: Kyanjin Gompa to Lama Hotel

Take some time, as you're descending the mountain, to stop and smell the literal flowers. The Langtang region is kissed by an abundance of Alpine flora, with violets, gentian, and edelweiss blooms forming sprawling carpets over the hills. It's only a four hour trek back to Lama Hotel today, so you'll have some time to wander the village and explore.

### Day 12: Lama Hotel To Syabru Bensi

This is our last day on the mountain, and we spend it trekking six hours from Lama Hotel back to Syabru Bensi. A notable milestone on our way today will be the Chilime Hydropower Power Plant of Sherpagaon, which powers the surrounding area. This is the land of the Tamang people, and it is a gorgeous one. If you are so inclined, tonight would be a great night to have a farewell party with your trekking group and guides. You've been through a lot together!

### Day 13: Syabru Bensi To Kathmandu

The time has come, at last, to rest your weary legs & today we drive back to Kathmandu the same way we came. Our return trip will offer your final glimpses of the mountains and all the beauty surrounding them. Upon arrival back in the capital, we'll bring you back to your hotel for some much-needed relaxation.

### Day 14: Kathmandu sightseeing day

There's no better way to savor your last day in Nepal than to indulge in a leisurely sightseeing tour of Kathmandu's many UNESCO World Heritage Sites & and no easier way to get around than with us as your guides! Have your camera ready as we make the rounds of all the Kathmandu Valley has to offer: Durbar Square, Swayambhunath, Boudhanath, and Pashupatinath, among others. As if that weren't enough, let us treat you to dinner at one of the city's best Nepalese restaurants. We'd love to hear your feedback on the trip.

### Day 15: Kathmandu Departure day

[www.himalayanholylandtreks.com](http://www.himalayanholylandtreks.com)

It's your last morning with us as we prepare to say our final farewells. Whether you are off to the airport for a flight home or en route to your next adventure, we hope that your memories of the Himalayas and our staff are warm and fond.

#### TRAVEL INSURANCE

Proof of travel insurance is mandatory before starting the trek. Standard policies often only cover medical evacuation to 4000m so make sure the policy you get covers up to 6000m. We usually suggest World Nomads which costs around \$125. You only need to be covered on the policy for the days you will actually be trekking.



## Cost Includes

- => Airport pickup and drop in a private vehicle.
- => Hotel accommodation in B/B basis in Kathmandu.
- => Tea house accommodation during the trek.
- => Tented accommodation during the climb.
- => Three times meal during the trek.
- => Farewell dinner in Kathmandu.
- => All the transportation as per the itinerary.
- => A professional English speaking, expert trekking/climbing guide.
- => Insurance/Salary for guide and porters.
- => Food and accommodation for guide and porters.
- => All necessary documents (Climbing Permits and TIMS).
- => All government and local taxes.
- => Medical kit.
- => T-shirt from the company.
- => Trip map.
- => Trip completion certificate.

## Cost Excludes

- => Nepal entry visa.
- => Sleeping Bag Rental and Down Jacket if needed.
- => All the meals are included on the trek but we only include breakfast while you are in Kathmandu.
- => We suggest a tip for the guide and porter after the trek &#8211; Plan on a at least \$80 (more will be appreciated).
- => We don&#8217;t include drinking water on the trek which you can buy a number of places for between \$1 and \$3 a bottle (it gets more expensive towards base camp). A better solution is to buy water tablets in Kathmandu for around \$2 and treat the water (your guide can help you find the good places to fill your water bottle).
- => The other things not included on the trek are like Wi-fi, charging batteries and hot showers. Wifi is available in some tea houses for \$3 to \$5 an hour. Hot Showers are also available in a few for around \$4 and charging costs about \$1.50 an hour.
- => Unforeseen cost due to flight cancellation, weather conditions etc. You are responsible for extra hotel nights (\$30/night) and meals in Kathmandu for any extra days in Nepal due to flight delays.

## NOTE : SOLO TRAVELERS

We generally don&#8217;t charge solo travelers any extra fees. Solo travelers can expect their own hotel room in Kathmandu but will need to share a room with other group members during the trek. If availability allows we will arrange private rooms on the trek as well upon request.

If you are a solo travelers and planning and not joining one of our group treks you will be charged an extra \$12 a day for a porter.

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